



Fresh & Delicious Gourmet Sandwiches, Salads & Sweets

PRE-ORDERS CAN BE MADE TO ORDER

PRE-ORDER

Beverages



Water		
250ml	\$1.00	
600ml	\$1.50	
750ml	\$2.00	
1 litre	\$2.50	



Milk		
Plain	\$2.50	
Flavoured 300ml	\$2.50	
Flavoured 500ml	\$3.50	
Ice Break 1g	\$4.00	
sml	\$2.80	
Other		
Quench	\$1.50	
Juice	\$2.50	
Iced Tea	\$3.50	

Made Fresh Daily

Salad Boxes \$4.00

Ham and Salad
Chicken and Salad
Quiche and Salad
Egg and Salad

Fruit Salad \$3.00

Yoghurt Cup \$3.00

Sandwiches \$4.00

Egg and Lettuce
Ham, Cheese and Tomato
Chicken and Salad
Chicken, Mayo and Lettuce
Chicken Supreme

Toasted (add) \$0.30

Salad Roll \$4.00

Roast Beef and Salad / Ham and Salad
Chicken Supreme and Salad

Brown Rice Salad \$4.00



Wraps \$4.00

Ham /Chicken
Teriyaki / Sweet Chilli
all with salad

Treats

Muffins	\$1.00
Apple Crumble and Custard	\$3.00
Gingerbread Students	\$1.50
Mousse	\$1.00
Red Rock Oven Baked Chips 280gm	\$1.20

Frozen Yoghurt	\$2.00
Calipo	\$1.00
Zing	\$0.50
Icy Twist	\$1.00
Paddle Pop	\$1.50

Daily Specials

NEW

Special of the Day (check daily) \$4.00

Monday \$4.00

Hot Dog
Pork Riblet
Rice Paper Rolls

Tuesday \$4.00

Sweet Chilli Chicken Burger with Lettuce
Rice Paper Rolls

Wednesday \$4.00

Chicken and Gravy Roll
Jacket Potato

Thursday \$4.00

Chicken Burger with Salad
Meatball Sub
Meal Deal—Sweet Potato Chips
Pre-order Chips only \$5.00

Friday \$4.00

Pork Riblet
Hamburger with Salad
Meal Deal —Sweet Potato Chips
Pre-order Chips only \$5.00

Hot Food

Reduced Fat Pie \$3.50
Reduced Fat Sausage Roll \$3.00
Pizza Roundas \$2.50
Tortilla Stack—Pre-order \$5.00
Lasagna—Pre-order \$4.50

